

## Children's Wilderness Lost Proofing and Prevention

*“Teach your children how to prevent becoming lost in wilderness settings and what to do if they are separated from a group and unable to find their way. It teaches them how to react, what to do to stay safe and how to attract attention and become found. This proven program is designed to meet or exceed RCMP guidelines for wilderness lost proofing and prevention.”*

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- **Being Prepared, an Interactive Learning Lesson**
  - David's Story: a lost child scenario
    - Understanding that mistakes can be avoided and planning is important
    - Understanding “Being Prepared”
- **Basic Items to Carry and Remember**
  - Simple item list for children
- **The S.T.O.P Concept**
  - A simple plan to stay put and stay safe till help arrives
    - **S**top
    - **T**hink
    - **O**bserve
    - **P**lan
  - Why being afraid is OK
  - How to be found

Cost: \$15.00 per child (parent or guardian included at no cost)

- Course will be approximately 1hr in length
- Parent or guardian **must** accompany child
- Recommended Age Group: Children ages 5 through 13
- Please dress according to the weather