

The Modern Scout

"In the Modern Scout course, students will learn how to instinctively identify with their wilderness surroundings. They will learn how to blend with nature to appear invisible, how to move silently so as not to disturb her inhabitants. They will build awareness to sense changes in her rhythms and how to live in harmony and use her to your advantage. The scout is the ultimate attainment of wilderness living skills, the ability to become one with your environment, to become a part of what surrounds us."

Day 1

Morning

- Scout Psychology
 - Historical context
 - Purpose in society
 - Survival mentality
 - Evade mentality
 - Resistance mentality
 - Escape mentality
 - Scout prayer circa 1807
- My secret place exercise
- Debris hut construction

Afternoon

- Fire Craft
 - Primitive methods
 - Modern methods

Evening

- Building awareness exercises

Day 2

Morning

- Principles of Camouflage and Counter Tracking
 - Masking the Human form
 - Using natural pigments
 - Becoming scent neutral
 - Clothing choices
 - Footwear considerations
- Movement
 - Walking methods
 - Thinking as part of nature
 - The mechanics of movement
 - The art of stillness
 - Minimalism

Afternoon

- Shelter
 - TB scout shelter
- Water
 - Pop bottle distillation
 - Transpiration
 - Combating illness

Evening

- Building awareness exercises

Day 3

Morning

- Food
 - Snares
 - Deadfalls
 - Intro to edible wilds
- Shelter
 - TE scout shelter

Afternoon

- Tools & Implements
 - Rabbit stick
 - Bow & arrow
 - Neolithic design
 - Cordage
 - The importance of improvisation
- Direction finding w/o map and compass

Evening

- The teaching drum

Day 4

Morning

- Camp Craft
 - Caching
 - No trace concepts
 - Dakota fire pit
- Shelter
 - USAF shelter

Afternoon

- Urban Applications
 - Shelter options
 - Food finding
 - Using society against itself
 - Appearing invisible
 - The concept of "fringe living"
 - Learning from the homeless
 - Avoiding & identifying urban dangers

Evening

- Concentric ring theory
- Vision concepts